



# Messages from The Masters

January 2009

## *Living Without Fear*

### Master El Morya

You would be enjoying a very different kind of world were fear to be eliminated from the conscious field of your awareness. The keys to your freedom are within the last five words of this statement, for *it is the focus of your awareness that determines your life's experience.*

Fear can only remain a powerful component within your life when it is seen as necessary and true. You can always choose to focus your attention on what would build your light and love versus what would tear it down. You can shift your attention from what is temporary and false to what is lasting and true—from pain and resistance to joy and acceptance. True change comes from within, as it always has.

*We are here to assist you in shifting your focus from fear to love—  
yet still it remains a choice for each of you to make.*

Fear will keep on contracting the consciousness of humanity until enough of you *choose* to create and sustain a passionate love affair with the Beloved—the Beloved within, the Beloved in the other, the Beloved everywhere in everyone.

Some teachings say you do not need to do anything, that you and the world are perfect just as you are. I pose this question to the core of your heart's deepest knowing: Is what you see in the world what you want to see in the world? Is it possible that you came here to co-create a world founded in love, cooperation, truth, compassion, joy, gratitude, peace and harmony? All of these attributes start with you.

Is the current way of living in fear and separation what you want to pass on to the next generation? Carrying regrets, remorse or age-old fears founded in a past that no longer exists is never an option for a co-creator of a new Golden Age. There are thousands of souls on your planet right now who have come to assist in taking humanity through this Great Shift of the Ages. Perhaps you feel that you have come to make a difference, for the good of all in the name of Love that makes all life possible. If so, now is the time to begin living without fear, focusing on the world you want to create.

Choose to live in freedom outside of the confines of the fear and separation of the collective consciousness of humanity. Choose to follow your heart's desire to create outside of that collective. Pioneers must have the passion within to truly journey into the unknown. With conscious intent, this passion can be used to constantly stay focused on what is truly serving the Divine Blueprint designed to bring freedom into the hearts of all human beings and all life everywhere. You are being called to be such a pioneer.

### **Lady Master Quan Yin**

I address you as a woman in service to awakening the true purpose of your heart. Your world is presently calling for a much deeper understanding of the Divine Feminine. When the wisdom that abides in the heart is truly awakened, the higher feeling nature of the Divine Feminine within both men and women will arise to replace the fear-filled encoding of the Piscean Age.

*A true awakening takes place when one's entire past  
and everyone in it has been forgiven.*

The grace of forgiveness is increased by calling forth the power of the transmuting Violet Flame. You may do this by asking the Presence—the highest expression of your soul—to bring the Violet Flame into every condition, person, place or thing that may still be holding memories founded in fear or separation from Source. This includes memories from every life you have ever lived. The use of the Violet Flame of transmutation and the additional calling forth of the Opalescent Flame of Divine Grace assists in the full transformation of the emotional encoding that has eclipsed humanity's profound—and mostly unknown—capacity for love and intimacy.

The powerful actions of these Sacred Flames assist the soul in lifting its center of consciousness into the heart. As this occurs, the higher feeling capacities of unconditional love and compassion become a natural part of life, and relationships

move into complimentary expressions within the One Heart. Everyone will find what they have been seeking: to experience and be in love with all of life. This creates an internal, ongoing ecstasy of *being* that is independent of outward circumstances. It is without a beginning or an end.

The idea of surrendering to love makes most people feel as though they would lose control of their lives. The mind that must defend its position and remain in control has kept humanity in its imprisoned state of isolation. Yet in truth, the surrender of the mind actually returns the soul into the Self that created it. That Self is seeded as the Presence of love within the heart and that Presence is destined to direct your life from the heart according to your own Divine Blueprint. This brings great inner peace, harmony, joy, clarity and abundance into all areas of your life.

### **Lady Master Mary Magdalene**

When you wake up to being a Creator expressing the Divine Feminine, changes will start occurring in the deepest recesses of your emotional field. What has been holding your soul in fear will suddenly arise and become obvious to the knowingness of your heart. As you see deeper and more honestly into the play of the ego part of your mind, a massive metamorphosis begins to take place. Suddenly your heart holds a place wherein your Presence can abide and guide your soul.

Much of humanity has been programmed to live in emotionally charged, fear-based memory fields that have driven the human race away from its true Divine purpose—to love without fear, without the need for armoring and without the need for excitement, even sexual excitement.

Love is not possible without being in the present. Both women and men have learned to survive by feeding their emotional bodies with past memories or future longings, thus they are living in cocoons that are separate from what is actually occurring, especially in lovemaking.

***Most people are living outside of the moment in a fabricated self, rather than in the moment as the Presence of the essential Self.***

To live in the present is to trust life so completely that you can stay awake and intimate with each unfolding moment. Over the centuries the human race began trying to make life more exciting and interesting on the *outside*. This created a disconnection with the soul's innate and Divine connection to *love* as its very nature. Love became relegated to romantic idealism steeped primarily in emotional fantasies centered on past or future sexual gratification.

We are here to assist you in remembering that you ARE love and that love is a literal spiritual substance designed to continually nourish your heart and soul. It cannot be taken away, yet you need to be present to partake of its exquisite essence. Taking peaceful, deep, complete breaths is one of the keys for the drinking in of this essence. It reconnects you with your Presence as the *love* of your life. It returns you to the ecstasy that was and is your natural state of being when you are living in the heart and *as* the Heart of the Presence. Your Presence IS your essential Self and it always protects and sustains your original encoding from the heart of Source.

At some auspicious moment in your soul's journey, you awaken to your Divine inheritance. You remember who you are and why you are here. That awakening often becomes a turning point in which you completely change the way you live your life. Now is the time that many of you are making this choice and as you move through this Great Shift, you must know how important your choices are and what they will mean to your future experiences as a soul.

The energies on Earth are *not* going to allow you to live as if you are the only one here and truly that is how most of humanity has been living. As you enter more fully into unity consciousness, every thought and feeling will come from a love-filled heart whose focus is on creating for the good of all and for the ongoing health of your planet. Every action taken from the true essence of your heart will be for your highest good as well as for the highest good of the planet.

I am here to assist in initiating the full power of the feminine Ruby Ray into the hearts of humanity. This Ray has been veiled for thousands of years due to its misuse during the times of Atlantis. What was missing then was your agreement to fully awaken to your responsibilities as a creative force of love and power. Within the Ruby Ray, love and power act as one dynamic creative action.

We within the collective Councils of the Divine Feminine and the Cosmic World Mother are watching closely to see how you are going to use this Ray. Its power must be constantly tempered by the peace and wisdom of the Golden Light within your Christed Heart. Thus I stand with my beloved Yeshua to aid all of you in your successful usage of the Ruby Ray so its powers are balanced to help you achieve your ultimate goal of ascension.

## **Beloved Yeshua (Jesus)**

I am here with you always and forever. It is impossible for us to be separate as I am one with your very essence. Regardless of what name you may call me, or have called me throughout the ages, I have remained one with the eternal essence of

every expression your soul has chosen to express the One Self that we share. I am closer to you than your very breath.

Your ascension is my major focus. This means that I am supporting you in lifting yourselves out of duality and fear. I literally stand in a huge body of Golden White Diamond Light in which I am magnetizing your soul back into the Beloved.

*I love you beyond measure and beyond your imagination.*

## **Ascended Master Saint Germain**

As the curtain goes down on the old reality, light will be shed on the roles that fear has played in the dramas of your life. Within your stories of pain and separation, many actors have come forth to play specific roles in the play you alone have written. Many pages have filled the records of your soul's journey into separation and fear, and yet we tell you that your soul is now bringing forth the original encoding from Source that has been placed deep within the recesses of your Divine Blueprint.

This encoding is within the spiritual strands of your DNA as well as within the 13 major frequencies of your Spiritual Light Centers. These energies were given to help you embody the fullness of your Presence—the self that you are destined to become. The codes for living in complete freedom are all within you. The desire for freedom is becoming so strong that it is overriding even the worst of your memories, both individual and collective.

As creators, you have always loved seeing what you can create, even if it is not a reflection of the truth. We often come forward to ask you in your deepest heart: “Why do you want to continue living in fear?” Many of you are now letting us know that you intend to create a whole new way of living in your world. You are telling us that you are tiring of the old emotional pleasures that have appeared to make you happy and excited, and yet are never lasting. You are seeing yourselves and your reality much more clearly, and for that reason we are coming forward to assist you more intimately than we have for thousands of years.

Fear is the root of separation that must be addressed as you move more deeply into the real living of your mastery. A basic myth has been carried within the minds and hearts of humanity for thousands of years—that as long as physical, emotional bodies use five basic senses to survive and as long as the mind and body believe that it can be destroyed, dominated or spiritually diminished by an outer force, fear will continue to be a powerful factor within the human condition.

*We tell you, dear hearts, that all fear is based on erroneous,  
deeply rooted beliefs—beliefs that have driven your world  
into separation for thousands of years.*

Those within the Cosmic Councils of the Christ are coming into your dream states to assist in dispelling the many myths that have been holding your world in illusion. The heavenly hosts are increasing the electromagnetic frequencies in and around your bodies. We are coming because of your calls. The pain of your separation has been heard. Fear is a crutch that has merely pretended to support you when in truth it has been preventing you from really loving and being truly intimate with one another. It is the greatest masquerader of all—indeed fear is the last and most masterful saboteur within the conditional world.

We are here to assist you in walking through the fear into the glorious freedom and abundance of your true Self and in being part of co-creating the next Golden Age. If this speaks to your heart and soul, we are here to guide you.

©Diamond Heart Foundation

**These Ascended Masters and many others from the spiritual realms of illumined truth are now teaching an online course “Walk the Earth as a Living Master.” To learn how you can work personally with these Masters to achieve your own mastery, go to: [WalkTheEarthAsALivingMaster.com](http://WalkTheEarthAsALivingMaster.com)**