



Artwork by Daniel Holeman

# Messages from The Masters

[www.WalkTheEarthAsALivingMaster.com](http://www.WalkTheEarthAsALivingMaster.com)

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## ***MOVING INTO TIMELESSNESS***

It is the delight of all Ascended Masters and Cosmic Beings to live outside of time—not limited by memories of the past or future projections—always in the *now*. The Masters are assisting all souls who believe they are still bound to their limited memories or future projections, for these memories are keeping the soul's mind, body and feeling nature from being totally free in each arising moment. Mastery is the natural state of your Divine Presence and the Presence can only be consciously lived when you become *totally* available to the moment. Humankind has not been living in this way for a very, very long time.

### **Ascended Masters El Morya and Lady Miriam:**

Fear-based consciousness always holds on to what it believes will bring happiness based either on past events or future projections. It is such a habit to live within the illusion of these time zones, that the truth of one's *timeless* nature has barely been explored. The joy

of actually being present is escaping most everyone. Technologies are unfortunately creating additional ways of *being elsewhere*.

The Masters, Archangels and Elohim are pouring their light and love into awakening your soul's capacity to remember yourself as the Presence. They are escalating your soul's ability to live within and yet completely outside of time. When the past and the future are perceived as memories being held within the mind, they no longer have the power to restrict your capacity to live in the freedom of the awakened, timeless Presence.

You are being called to expand into your *timeless* inheritance, so you can access more of the crystalline strands of your DNA. The consciousness held within these dormant strands hold the keys to your unlimited Buddha mind and the unconditional love of your Christed heart. As you awaken these capacities within your mind and heart, you will have a much stronger foundation for embodying your own Master Presence.

### **Ascended Masters Saint Germain and Lady Portia:**

Beloveds, your freedom is right around the corner and it is, in fact, already so within the consciousness of your Presence. Many of you are hearing the *voice* of your Presence urging you to remember that you came here specifically to be a part of ushering in the next Golden Age of Freedom. That is what we are here to oversee; yet we also are here to assist you as you venture through the Great Shift of the Ages. Part of this *shift* involves the awakening of entirely new frequencies within your spiritual centers so they can sustain the strengths and qualities of your Presence. These frequency escalations are a big part of increasing your

multidimensional capacities for walking the Earth as a *living* master.

As the Light continues to shine into the sleeping minds and hearts of humanity, many of you are starting to see what has been veiled from the eyes of your heart and the greater inner seeing capacity of your mind for longer than you might care to imagine.

***The heart has not been open enough to hear the call  
of its own soul, its own Presence, and yet I say to you,  
“No more—your time to awaken has arrived!”***

This awakening is like the clanging of a huge gong that has been struck from within the core of your system of stars, planets and galaxies. We join with many cosmic beings to amplify these clear, harmonious tones into the hearts, minds and bodies of every soul until enough of you *hear* the call to awaken from your deep slumber. When we say ***enough of you***, we are referring to the critical mass required to shift humanity into Christ or Unity Consciousness and that means a minimum of 144,000 of you living and walking as the awakened Presence or Master Self.

The reverberation of sound and light that is soaring through humanity is being felt around the planet, yet everyone is responding according to their own level of consciousness. To move from reaction *or* action to the stillness of being involves complete trust and surrender to Source. In this surrender you *remember* yourself at one with Source—your origin *before* you experienced yourself as a separate soul in the wilderness.

Humanity has basically been frozen in time, yet now the great thaw is upon you and you have the opportunity to reassemble yourself

within the truth of your Spiritual Heart. As the thaw continues, you may be tempted to thrust yourself into the past or the future in order to re-identify and reassemble your previous self. If you can allow yourself to be born anew each day without the need to grasp on to any particular identity, your awakening will remain fresh within the timelessness of every moment. Only your Presence can truly experience the exquisiteness of every now. And who will be there to enjoy it if you are not present?

*Every moment is the moment to live your joy,  
a joy that is not defined or confined  
by outer or even inner circumstances.*

Fear is born in the grasping for what was or what could be—it is not the true experience of the Self within the moment. Whether that moment is seen and felt as ecstatic or painful, it is your moment to experience life moving through you. When you truly know who you are, your thoughts and feelings can move through you with more ease and less attachment to how things *should* be different than they are. This is the foundation of personal freedom.

All experiences are temporary and there is no need to identify or remain attached to any of them. When there is no attachment to a thought, a feeling, person or outcome, then there is no need to defend, escape or want things or people to be other than how they are *appearing* in the moment. Everything and everyone is just passing through. As you sustain a more neutral stance within the flow of life itself, your power will be much more authentic. Freedom is in the moment, rather than another ideal to seek.

As you become increasingly more authentic with *all* your feelings, then your feelings can actually serve you. We speak here of

feelings you might consider negative, such as fear or anger. Remain conscious and present and you will recognize what a tremendous play is going on within you between contraction in fear and expansion in love. No thoughts, feelings or physical sensations truly have any lasting relevance, yet they allow the soul to play out its life with more awareness and thus with more mastery. It is all *you*—everyone and everything that appears *out there* is truly only *in* you. Thoughts, feelings and sensations only become problems when you attach importance to them, yet they are only temporary guests.

The breath is your ally. When it is shallow, it contracts; when it is full and deep within the body, it expands your heart and deepens your acceptance of what is. This increases your experience of the true unconditional nature of your Presence or Master Self. Bring awareness to whatever is occurring and allow spirit to breathe through it. Your heart is awakening—it is what is being resurrected and it is what is going to take you through your ascension into Unity or Christ Consciousness. The passion within your heart fuels your ability to love ever more unconditionally. Your breath is the avenue that the Holy Spirit uses to fan the flames of your original Divine Spark so you can reclaim your pure connection to Source Love and Light.

***It is vital that you reclaim your Spiritual Heart  
so your Presence can reestablish your body  
as its temple of Love and Light.***

The illusion that you are living in a time-based world has been running your lives, and if you can allow yourself to go deeper, you will find that none of you are really living in the same world unless

you move into the timeless domains of your heart. You have been living in a mentally-based world and thus within the illusions that have kept you comfortable within the game of time.

That game has to come to an end if Unity Consciousness is to become the foundation of your new Golden Age of Freedom. You are not who you *think* you are or who you *believe* yourself to be; you are rather the Presence living within the mystery of every moment. You are so much more than what you perceive as your identity or all that you have achieved. Everything was given to you at your very inception and there is nothing more to be attained. The time of the seeker is quickly coming to an end. As the timelessness of the Presence becomes a greater part of your experience, you can truly start sharing Unity or Christ Consciousness with one another in the One Heart.

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***“Walk the Earth as a Living Master”* is now available as an Online Course. To learn how you can work personally with these Masters to achieve your own mastery, go to:**  
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The Courses to **Walk the Earth as a Living Master** are offered by the Diamond Heart Foundation, which has been created by the Ascended Masters as an Unveiled Mystery School to assist humanity in living their mastery. The physical expression of the foundation was created by Kamala Everett and Sharon Rose. Kamala is the author of “Heart Initiation: Preparing for Conscious

Ascension” and has been receiving transmissions from the Masters for over 35 years. Sharon has been in communication with the Masters for over 30 years and has written more than a dozen spiritual books.

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